

2/3/4 uur op en af

3h	Wacht te kooi	Navigator	Roerganger	Vrij
11:00	Crew 1	Crew 2	Crew 3	Crew 4
14:00	Crew 3	Crew 4	Crew 1	Crew 2
17:00	Crew 1	Crew 2	Crew 3	Crew 4
20:00	Crew 3	Crew 4	Crew 1	Crew 2
23:00	Crew 1	Crew 2	Crew 3	Crew 4
02:00	Crew 3	Crew 4	Crew 1	Crew 2

Dag/nacht 6/4

	Wacht te kooi	Navigator	Roerganger	Vrij
08:00	Crew 1	Crew 2	Crew 3	Crew 4
14:00	Crew 3	Crew 4	Crew 1	Crew 2
20:00	Crew 2	Crew 1	Crew 4	Crew 3
00:00	Crew 4	Crew 3	Crew 2	Crew 1
04:00	Crew 1	Crew 2	Crew 3	Crew 4
08:00	Crew 3	Crew 4	Crew 1	Crew 2

Rolling watch , 2/3/4 uur op en af

4h	Wacht te kooi	Navigator	Roerganger	Vrij
11:00	Crew 1	Crew 2	Crew 3	Crew 4
13:00	Crew 4	Crew 1	Crew 2	Crew 3
15:00	Crew 3	Crew 4	Crew 1	Crew 2
17:00	Crew 2	Crew 3	Crew 4	Crew 1
19:00	Crew 1	Crew 2	Crew 3	Crew 4
21:00	Crew 4	Crew 1	Crew 2	Crew 3
23:00	Crew 3	Crew 4	Crew 1	Crew 2
02:00	Crew 2	Crew 3	Crew 4	Crew 1

Rolling watch, dag/nacht 6/4

	Wacht te kooi	Navigator	Roerganger	Vrij
08:00	Crew 1	Crew 2	Crew 3	Crew 4
11:00	Crew 4	Crew 1	Crew 2	Crew 3
14:00	Crew 3	Crew 4	Crew 1	Crew 2
17:00	Crew 2	Crew 3	Crew 4	Crew 1
20:00	Crew 1	Crew 2	Crew 3	Crew 4
22:00	Crew 4	Crew 1	Crew 2	Crew 3
00:00	Crew 3	Crew 4	Crew 1	Crew 2
02:00	Crew 2	Crew 3	Crew 4	Crew 1
04:00	Crew 1	Crew 2	Crew 3	Crew 4
06:00	Crew 4	Crew 1	Crew 2	Crew 3
08:00	Crew 3	Crew 4	Crew 1	Crew 2